

# CHOOSING YOUR CONFIRMATION NAME

Your name gives you an identity; it tells others who you are. When you were baptized, your parents chose your name. If you do not know your parents' reasons for choosing your name, ask them about it. Now that you are about to be confirmed, it is time to choose the name you will take as a sign of your growth in faith.

The tradition of taking a new name to show a new role can be traced back to the Old Testament. When Abram was called to lead his people to believe in one God, his name was changed from Abram, meaning "father of many" to Abraham, meaning "father of many nations". Again in the New Testament we find Simon's name changed to Peter, meaning "rock", because he was to become the rock upon which Jesus founded His Church.

Your Confirmation name should reflect your new role as a mature Christian. An example of someone's life you would like to emulate. Perhaps you would like to take the name of a person you admire. The only limit that is placed on your choice is that it must be a saint's name or a variation of that name.

To help you decide upon a name, look up some information on saints. Every saint is known for particular qualities or virtues. By imitating the qualities of this saint, how can you become a better Christian? Web searches on saints are a great place to start. (saints, catholic saints, patron saints are all key words)

## **Write at least a paragraph on each of the following;**

1. why you chose this name
2. information about the saint whose name you have chosen
3. how they impacted life in their time and how it relates to today
4. how you can imitate the qualities of this saint and become a better Christian

So don't wait get started now! Peace.